



The Club at Westpoint – Tide Tables and Sunrise/Sunset Datum for 2023

Month	Date	Day	Tides			SR	SS		
January	01	Sun	L2.1@01:48	H8.9@08:00	L0.3@15:38	H5.9@21:48	07:23	17:01	
	02	Mon	L2.7@02:45	H9.1@08:41	L0.1@16:26	H6.3@22:54	07:23	17:02	
	03	Tue	L3.1@03:39	H9.1@09:21	L0.4@17:08	H6.6@23:48	07:23	17:03	
	04	Wed	L3.3@04:30	H9.1@09:59	L0.6@17:46		07:23	17:03	
	05	Thu	H6.8@00:33	L3.4@05:16	H9.1@10:37	L0.7@18:22	07:23	17:04	
	06	Fri	H6.9@01:13	L3.5@05:58	H8.9@11:14	L0.7@18:56	07:23	17:05	
	07	Sat	H6.9@01:49	L3.4@06:37	H8.8@11:50	L0.6@19:28	07:23	17:06	
	08	Sun	H6.8@02:21	L3.4@07:15	H8.6@12:27	L0.5@20:00	07:23	17:07	
	09	Mon	H6.8@02:52	L3.3@07:53	H8.3@13:03	L0.4@20:32	07:23	17:08	
	10	Tue	H6.8@03:21	L3.2@08:34	H7.8@13:41	L0.2@21:04	07:23	17:09	
	11	Wed	H6.9@03:51	L3.1@09:21	H7.3@14:22	L0.2@21:37	07:23	17:10	
	12	Thu	H7.0@04:22	L2.8@10:16	H6.6@15:09	L0.7@22:12	07:23	17:11	
	13	Fri	H7.3@04:55	L2.5@11:19	H5.9@16:10	L1.3@22:50	07:22	17:12	
	14	Sat	H7.6@05:31	L2.1@12:28	H5.3@17:34	L1.9@23:36	07:22	17:13	
	15	Sun	H8.0@06:10	L1.4@13:35	H5.1@19:22		07:22	17:14	
	16	Mon	L2.5@00:30	H8.4@06:53	L0.7@14:35	H5.4@21:04	07:22	17:15	
	17	Tue	L3.0@01:35	H8.8@07:41	L0.1@15:30	H5.9@22:20	07:21	17:16	
	18	Wed	L3.3@02:41	H9.3@08:32	L0.8@16:21	H6.5@23:16	07:21	17:17	
	19	Thu	L3.4@03:43	H9.8@09:24	L1.3@17:10		07:20	17:18	
	20	Fri	H6.9@00:02	L3.4@04:40	H10.1@10:18	L1.7@17:58	07:20	17:19	
	21	Sat	H7.2@00:45	L3.1@05:35	H10.3@11:11	L1.8@18:45	07:19	17:20	
	22	Sun	H7.4@01:26	L2.9@06:29	H10.2@12:04	L1.8@19:30	07:19	17:21	
	23	Mon	H7.6@02:06	L2.5@07:24	H9.8@12:57	L1.4@20:14	07:18	17:22	
	24	Tue	H7.8@02:45	L2.2@08:21	H9.1@13:51	L0.9@20:57	07:18	17:24	
	25	Wed	H8.0@03:25	L2.0@09:23	H8.1@14:48	L0.2@21:40	07:17	17:25	
	26	Thu	H8.2@04:06	L1.7@10:30	H6.9@15:52	L0.7@22:24	07:16	17:26	
	27	Fri	H8.4@04:48	L1.4@11:43	H6.1@17:10	L1.5@23:12	07:16	17:27	
	28	Sat	H8.5@05:33	L1.1@12:58	H5.4@18:47		07:15	17:28	
	29	Sun	L2.3@00:09	H8.5@06:21	L0.7@14:10	H5.5@20:32	07:14	17:29	
	30	Mon	L2.9@01:16	H8.5@07:12	L0.3@15:12	H6.1@21:54	07:13	17:30	
	31	Tue	L3.3@02:28	H8.5@08:04	L0.1@16:05	H6.4@22:52	07:13	17:31	
February	01	Wed	L3.4@03:32	H8.5@08:54	L0.2@16:50	H6.7@23:36	07:12	17:32	
	02	Thu	L3.4@04:25	H8.6@09:40	L0.4@17:29		07:11	17:33	
	03	Fri	H6.9@00:13	L3.3@05:09	H8.6@10:23	L0.4@18:04	07:10	17:35	
	04	Sat	H6.9@00:45	L3.1@05:48	H8.6@11:02	L0.5@18:36	07:09	17:36	
	05	Sun	H6.9@01:13	L2.9@06:24	H8.6@11:40	L0.5@19:05	07:08	17:37	
	06	Mon	H6.9@01:38	L2.7@06:58	H8.4@12:16	L0.3@19:33	07:07	17:38	
	07	Tue	H7.0@02:02	L2.5@07:33	H8.1@12:52	L0.1@20:00	07:06	17:39	
	08	Wed	H7.1@02:27	L2.3@08:10	H7.6@13:30	L0.2@20:27	07:05	17:40	
	09	Thu	H7.3@02:52	L2.1@08:51	H7.1@14:11	L0.6@20:55	07:04	17:41	
	10	Fri	H7.5@03:19	L1.9@09:37	H6.4@14:59	L1.2@21:26	07:03	17:42	
	11	Sat	H7.7@03:48	L1.6@10:31	H5.7@16:02	L1.9@22:01	07:02	17:43	
	12	Sun	H7.9@04:23	L1.3@11:35	H5.2@17:30	L2.5@22:44	07:01	17:44	
	13	Mon	H8.1@05:07	L0.8@12:47	H5.1@19:28	L3.1@23:45	07:00	17:45	
	14	Tue	H8.3@06:01	L0.3@13:59	H5.6@21:11		06:59	17:47	
	15	Wed	L3.5@01:09	H8.6@07:04	L0.3@15:05	H6.1@22:14	06:58	17:48	
	16	Thu	L3.5@02:32	H9.1@08:10	L0.8@16:02	H6.6@22:59	06:56	17:49	
	17	Fri	L3.3@03:39	H9.4@09:13	L1.2@16:53	H7.2@23:38	06:55	17:50	
	18	Sat	L2.9@04:37	H9.7@10:11	L1.5@17:40		06:54	17:51	
	19	Sun	H7.3@00:14	L2.4@05:31	H9.8@11:06	L1.5@18:24	06:53	17:52	
	20	Mon	H7.6@00:50	L1.9@06:22	H9.6@12:00	L1.2@19:05	06:52	17:53	
	21	Tue	H7.9@01:25	L1.5@07:14	H9.1@12:53	L0.7@19:45	06:50	17:54	
	22	Wed	H8.2@02:00	L1.1@08:07	H8.3@13:47	L0.1@20:24	06:49	17:55	
	23	Thu	H8.4@02:35	L0.9@09:01	H7.4@14:44	L0.7@21:03	06:48	17:56	
	24	Fri	H8.5@03:11	L0.7@09:59	H6.5@15:48	L1.5@21:45	06:46	17:57	
	25	Sat	H8.4@03:50	L0.7@11:02	H5.8@17:06	L2.3@22:33	06:45	17:58	
	26	Sun	H8.2@04:32	L0.6@12:12	H5.5@18:47	L3.1@23:35	06:44	17:59	
	27	Mon	H7.9@05:23	L0.5@13:26	H5.7@20:30		06:42	18:00	
	28	Tue	L3.4@00:59	H7.7@06:23	L0.4@14:36	H6.2@21:41	06:41	18:01	
	March	01	Wed	L3.5@02:21	H7.7@07:28	L0.2@15:34	H6.5@22:28	06:40	18:02
		02	Thu	L3.3@03:25	H7.7@08:29	L0.1@16:22	H6.7@23:05	06:38	18:03
		03	Fri	L3.1@04:15	H7.9@09:21	L0.1@17:01	H6.8@23:35	06:37	18:04
04		Sat	L2.8@04:56	H8.0@10:07	L0.2@17:35		06:35	18:05	
05		Sun	H6.8@00:01	L2.4@05:32	H8.1@10:48	L0.2@18:04	06:34	18:06	
06		Mon	H6.9@00:25	L2.1@06:06	H8.1@11:27	L0.1@18:31	06:33	18:07	
07		Tue	H7.1@00:47	L1.8@06:38	H7.8@12:06	L0.1@18:57	06:31	18:08	
08		Wed	H7.3@01:09	L1.5@07:12	H7.5@12:45	L0.4@19:22	06:30	18:09	
09		Thu	H7.5@01:31	L1.2@07:47	H7.1@13:26	L0.9@19:49	06:28	18:10	
10		Fri	H7.7@01:55	L0.9@08:25	H6.6@14:12	L1.4@20:18	06:27	18:11	
11		Sat	H7.9@02:22	L0.7@09:09	H6.1@15:06	L2.0@20:50	06:25	18:12	

Month	Date	Day	Tides			SR	SS		
January	12	Sun	H8.1@03:52	L0.5@10:59	H5.6@17:15	L2.6@22:27	07:24	19:13	
	13	Mon	H8.1@04:30	L0.3@12:00	H5.3@18:48	L3.1@23:15	07:22	19:14	
	14	Tue	H8.0@05:20	L0.2@13:12	H5.0@20:38		07:21	19:15	
	15	Wed	L3.5@00:32	H8.0@06:25	L0.1@14:30	H5.9@21:57	07:19	19:16	
	16	Thu	L3.6@02:14	H8.1@07:43	L0.5@15:40	H6.4@22:47	07:18	19:16	
	17	Fri	L3.3@03:37	H8.4@08:58	L0.8@16:39	H6.8@23:26	07:16	19:17	
	18	Sat	L2.7@04:41	H8.6@10:06	L0.9@17:29		07:15	19:18	
	19	Sun	H7.2@00:01	L2.1@05:36	H8.8@11:07	L0.9@18:14	07:13	19:19	
	20	Mon	H7.6@00:35	L1.4@06:26	H8.7@12:03	L0.7@18:55	07:12	19:20	
	21	Tue	H8.0@01:07	L0.8@07:14	H8.5@12:58	L0.3@19:34	07:10	19:21	
	22	Wed	H8.4@01:40	L0.3@08:02	H8.1@13:52	L0.3@20:12	07:09	19:22	
	23	Thu	H8.6@02:12	L0.0@08:50	H7.4@14:47	L1.1@20:50	07:07	19:23	
	24	Fri	H8.6@02:44	L0.2@09:38	H6.8@15:45	L1.7@21:29	07:06	19:24	
	25	Sat	H8.5@03:18	L0.1@10:28	H6.2@16:49	L2.4@22:11	07:04	19:25	
	26	Sun	H8.2@03:54	L0.1@11:22	H5.9@18:05	L3.1@23:03	07:03	19:26	
	27	Mon	H7.8@04:35	L0.2@12:23	H5.6@19:38		07:01	19:27	
	28	Tue	L3.4@00:15	H7.4@05:27	L0.4@13:34	H5.9@21:06	07:00	19:27	
	29	Wed	L3.5@01:49	H7.0@6:32	L0.4@14:46	H6.2@22:06	06:58	19:28	
	30	Thu	L3.4@03:09	H6.8@07:47	L0.3@15:48	H6.4@22:47	06:57	19:29	
	31	Fri	L3.0@04:08	H6.9@08:56	L0.2@16:37	H6.6@23:19	06:55	19:30	
	April	01	Sat	L2.6@04:55	H7.0@9:55	L0.2@17:17	H6.8@23:45	06:54	19:31
		02	Sun	L2.1@05:35	H7.1@10:45	L0.2@17:50		06:52	19:32
		03	Mon	H7.0@06:07	L1.7@06:10	H7.1@11:31	L0.3@18:20	06:51	19:33
		04	Tue	H7.2@00:29	L1.3@06:44	H7.1@12:15	L0.6@18:48	06:49	19:34
		05	Wed	H7.5@00:51	L0.8@07:16	H7.0@12:59	L0.9@19:15	06:48	19:35
		06	Thu	H7.8@01:14	L0.4@07:50	H6.8@13:44	L1.3@19:43	06:46	19:36
		07	Fri	H8.0@01:38	L0.0@8:25	H6.6@14:32	L1.8@20:14	06:45	19:36
		08	Sat	H8.2@02:04	L0.3@09:04	H6.3@15:24	L2.3@20:47	06:44	19:37
		09	Sun	H8.4@02:34	L0.5@09:49	H6.1@16:24	L2.7@21:24	06:42	19:38
		10	Mon	H8.3@03:10	L0.5@10:40	H5.8@17:36	L3.2@22:10	06:41	19:39
		11	Tue	H8.2@03:55	L0.5@11:40	H5.7@19:00	L3.5@23:14	06:39	19:40
12	Wed	H7.9@04:53	L0.4@12:50	H5.9@20:21		06:38	19:41		
13	Thu	L3.6@00:49	H7.6@06:07	L0.5@14:04	H6.3@21:22	06:36	19:42		
14	Fri	L3.3@02:27	H7.5@07:31	L0.5@15:11	H6.8@22:06	06:35	19:43		
15	Sat	L2.7@03:41	H7.5@08:50	L0.5@16:07	H7.2@22:44	06:34	19:44		
16	Sun	L1.9@04:40	H7.5@10:10	L0.4@16:56	H7.7@23:18	06:32	19:45		
17	Mon	L1.1@05:32	H7.5@11:05	L0.1@17:39	H8.2@23:51	06:31	19:46		
18	Tue	L0.4@06:20	H7.4@12:04	L0.4@18:19		06:29	19:46		
19	Wed	H8.5@00:23	L0.2@07:05	H7.3@13:01	L0.9@18:59	06:28	19:47		
20	Thu	H8.8@00:54	L0.6@07:49	H7.1@13:57	L1.5@19:38	06:27	19:48		
21	Fri	H8.8@01:25	L0.8@08:32	H6.8@14:53	L2.1@20:17	06:25	19:49		
22	Sat	H8.7@01:57	L0.8@09:15	H6.5@15:50	L2.6@20:59	06:24	19:50		
23	Sun	H8.5@02:31	L0.7@09:59	H6.3@16:51	L3.1@21:46	06:23	19:51		
24	Mon	H8.0@03:07	L0.5@10:47	H6.1@17:59	L3.4@22:42	06:22	19:52		
25	Tue	H7.6@03:49	L0.2@11:41	H6.0@19:12	L3.6@23:57	06:20	19:53		
26	Wed	H7.0@4:40	L0.1@12:42	H6.1@20:20		06:19	19:54		
27	Thu	L3.5@01:25	H6.6@05:44	L0.3@13:47	H6.3@21:12	06:18	19:55		
28	Fri	L3.2@02:4							



The Club at Westpoint – Tide Tables and Sunrise/Sunset Datum for 2023

Month	Date	Day	Tides				SR	SS
	30	Sun	L-0.9'@05:47	H6.7'@12:41	L3.5'@17:12	H10'@22:52	06:11	20:18
	31	Mon	L-1.3'@06:35	H7'@13:23	L3.2'@18:07	H10.2'@23:46	06:12	20:17
August	01	Tue	L-1.5'@07:21	H7.2'@14:02	L2.9'@19:01		06:12	20:16
	02	Wed	H10.2'@00:40	L-1.5'@08:06	H7.5'@14:40	L2.6'@19:55	06:13	20:15
	03	Thu	H10'@01:33	L-1.3'@08:50	H7.8'@15:18	L2.2'@20:52	06:14	20:14
	04	Fri	H9.3'@02:28	L-0.8'@09:32	H8.1'@15:57	L1.9'@21:52	06:15	20:13
	05	Sat	H8.5'@03:25	L-0.1'@10:15	H8.4'@16:36	L1.6'@22:57	06:16	20:12
	06	Sun	H7.4'@04:28	L0.7'@10:59	H8.7'@17:17		06:17	20:11
	07	Mon	L1.3'@00:07	H6.5'@05:42	L1.5'@11:46	H8.8'@18:02	06:17	20:10
	08	Tue	L1'@01:21	H5.9'@07:13	L1.2'@12:41	H8.8'@18:50	06:18	20:09
	09	Wed	L0.7'@02:34	H5.8'@08:55	L3'@13:48	H8.8'@19:43	06:19	20:08
	10	Thu	L0.4'@03:41	H6.2'@10:22	L3.4'@15:01	H8.8'@20:39	06:20	20:07
	11	Fri	L0.1'@04:39	H6.6'@11:24	L3.5'@16:08	H8.8'@21:33	06:21	20:06
	12	Sat	L-0.1'@05:29	H6.9'@12:12	L3.4'@17:04	H8.8'@22:23	06:22	20:04
	13	Sun	L-0.2'@06:12	H7'@12:52	L3.3'@17:51	H8.8'@23:09	06:23	20:03
	14	Mon	L-0.3'@06:49	H7.1'@13:26	L3.1'@18:32	H8.8'@23:50	06:23	20:02
	15	Tue	L-0.2'@07:22	H7.1'@13:55	L2.9'@19:10		06:24	20:01
	16	Wed	H8.7'@00:29	L-0.2'@07:52	H7.1'@14:21	L2.7'@19:45	06:25	20:00
	17	Thu	H8.5'@01:06	L0'@08:20	H7.1'@14:45	L2.5'@20:20	06:26	19:58
	18	Fri	H8.1'@01:42	L0.2'@08:46	H7.3'@15:09	L2.3'@20:57	06:27	19:57
	19	Sat	H7.7'@02:20	L0.6'@09:13	H7.5'@15:33	L2.1'@21:36	06:28	19:56
	20	Sun	H7.2'@03:01	L1'@09:41	H7.7'@15:58	L1.9'@22:20	06:28	19:54
	21	Mon	H6.6'@03:48	L1.6'@10:10	H7.8'@16:27	L1.7'@23:10	06:29	19:53
	22	Tue	H6'@04:46	L2.2'@10:43	H8'@17:00		06:30	19:52
	23	Wed	L1.4'@00:08	H5.5'@06:06	L2.8'@11:23	H8.2'@17:41	06:31	19:50
	24	Thu	L1.1'@01:16	H5.4'@07:53	L3.3'@12:19	H8.3'@18:33	06:32	19:49
	25	Fri	L0.7'@02:28	H5.7'@09:38	L3.6'@13:40	H8.6'@19:35	06:33	19:47
	26	Sat	L0.2'@03:34	H6.2'@10:45	L3.7'@15:02	H9'@20:41	06:34	19:46
	27	Sun	L-0.3'@04:33	H6.6'@11:31	L3.5'@16:11	H9.4'@21:44	06:34	19:45
	28	Mon	L-0.7'@05:25	H7'@12:10	L3.1'@17:08	H9.7'@22:43	06:35	19:43
	29	Tue	L-1'@06:12	H7.3'@12:46	L2.6'@18:02	H9.9'@23:40	06:36	19:42
	30	Wed	L-1'@06:57	H7.7'@13:21	L2'@18:53		06:37	19:40
	31	Thu	H9.8'@00:35	L-0.8'@07:38	H8.1'@13:56	L1.5'@19:45	06:38	19:39
September	01	Fri	H9.4'@01:29	L-0.4'@08:19	H8.4'@14:31	L1.1'@20:39	06:39	19:37
	02	Sat	H8.7'@02:25	L0.2'@08:59	H8.7'@15:06	L0.8'@21:33	06:39	19:36
	03	Sun	H7.9'@03:24	L1'@09:40	H8.9'@15:44	L0.6'@22:31	06:40	19:34
	04	Mon	H7.1'@04:29	L1.8'@10:23	H8.9'@16:23	L0.6'@23:34	06:41	19:33
	05	Tue	H6.4'@05:45	L2.6'@11:13	H8.7'@17:08		06:42	19:31
	06	Wed	L0.6'@00:43	H6.1'@07:18	L3.2'@12:17	H8.4'@18:00	06:43	19:30
	07	Thu	L0.6'@01:57	H6.3'@08:55	L3.6'@13:40	H8.2'@19:02	06:44	19:28
	08	Fri	L0.5'@03:08	H6.6'@10:08	L3.6'@15:02	H8'@20:08	06:44	19:27
	09	Sat	L0.3'@04:09	H6.9'@10:59	L3.4'@16:07	H8.1'@21:12	06:45	19:25
	10	Sun	L0.2'@05:00	H7.1'@11:39	L3.1'@16:57	H8.2'@22:06	06:46	19:24
	11	Mon	L0.2'@05:41	H7.2'@12:12	L2.8'@17:39	H8.2'@22:54	06:47	19:22
	12	Tue	L0.2'@06:16	H7.2'@12:40	L2.5'@18:17	H8.2'@23:36	06:48	19:21
	13	Wed	L0.2'@06:47	H7.3'@13:04	L2.2'@18:51		06:49	19:19
	14	Thu	H8.1'@00:16	L0.4'@07:14	H7.4'@13:26	L1.9'@19:24	06:49	19:18
	15	Fri	H7.9'@00:54	L0.6'@07:40	H7.6'@13:47	L1.6'@19:57	06:50	19:16
	16	Sat	H7.6'@01:34	L1'@08:05	H7.8'@14:09	L1.3'@20:31	06:51	19:15
	17	Sun	H7.3'@02:15	L1.4'@08:31	H8'@14:32	L1.1'@21:07	06:52	19:13
	18	Mon	H6.9'@03:00	L1.9'@08:59	H8.1'@14:58	L0.9'@21:48	06:53	19:12
	19	Tue	H6.4'@03:52	L2.4'@09:30	H8.2'@15:27	L0.7'@22:35	06:54	19:10
	20	Wed	H6'@04:57	L2.9'@10:05	H8.2'@16:04	L0.6'@23:31	06:54	19:08
	21	Thu	H5.8'@05:21	L3.4'@10:52	H8.2'@16:51		06:55	19:07
	22	Fri	L0.5'@00:39	H5.8'@08:03	L3.8'@12:04	H8.1'@17:54	06:56	19:05
	23	Sat	L0.3'@01:55	H6.2'@09:24	L3.8'@13:44	H8.2'@19:10	06:57	19:04
	24	Sun	L0'@03:06	H6.6'@10:16	L3.5'@15:08	H8.4'@20:26	06:58	19:02
	25	Mon	L-0.3'@04:06	H7'@10:55	L3'@16:12	H8.7'@21:35	06:59	19:01
	26	Tue	L-0.5'@04:57	H7.4'@11:30	L2.3'@17:06	H8.9'@22:38	06:59	18:59
	27	Wed	L-0.5'@05:43	H7.9'@12:03	L1.6'@17:57	H9'@23:36	07:00	18:58
	28	Thu	L-0.3'@06:25	H8.3'@12:36	L0.9'@18:46		07:01	18:56
	29	Fri	H8.8'@00:33	L0.2'@07:05	H8.7'@13:09	L0.4'@19:34	07:02	18:55
	30	Sat	H8.4'@01:29	L0.7'@07:44	H9'@13:42	L0'@20:23	07:03	18:53
October	01	Sun	H7.9'@02:27	L1.4'@08:24	H9.2'@14:16	L-0.2'@21:13	07:04	18:52
	02	Mon	H7.4'@03:27	L2.1'@09:06	H9.1'@14:53	L-0.2'@22:04	07:05	18:50
	03	Tue	H6.9'@04:33	L2.8'@09:52	H8.8'@15:32	L-0.1'@22:59	07:05	18:49
	04	Wed	H6.5'@05:48	L3.3'@10:47	H8.4'@16:17		07:06	18:47
	05	Thu	L0.2'@00:02	H6.4'@07:13	L3.7'@12:03	H7.9'@17:11	07:07	18:46
	06	Fri	L0.4'@01:12	H6.6'@08:35	L3.7'@13:35	H7.4'@18:18	07:08	18:44
	07	Sat	L0.5'@02:23	H6.8'@09:36	L3.5'@14:53	H7.2'@19:33	07:09	18:43

Month	Date	Day	Tides				SR	SS
	08	Sun	L0.5'@03:26	H7'@10:20	L3.1'@15:53	H7.2'@20:42	07:10	18:41
	09	Mon	L0.5'@04:16	H7.2'@10:54	L2.7'@16:40	H7.3'@21:42	07:11	18:40
	10	Tue	L0.5'@04:57	H7.3'@11:22	L2.2'@17:20	H7.3'@22:33	07:12	18:38
	11	Wed	L0.6'@05:31	H7.5'@11:46	L1.8'@17:57	H7.3'@23:20	07:13	18:37
	12	Thu	L0.8'@06:01	H7.7'@12:07	L1.3'@18:30		07:14	18:35
	13	Fri	H7.3'@00:04	L1.1'@06:29	H7.9'@12:28	L0.9'@19:02	07:15	18:34
	14	Sat	H7.2'@00:47	L1.5'@06:56	H8.1'@12:50	L0.6'@19:34	07:15	18:33
	15	Sun	H7'@01:32	L1.9'@07:24	H8.4'@13:14	L0.3'@20:08	07:16	18:31
	16	Mon	H6.8'@02:19	L2.3'@07:53	H8.5'@13:40	L0'@20:44	07:17	18:30
	17	Tue	H6.6'@03:09	L2.7'@08:25	H8.6'@14:09	L-0.1'@21:25	07:18	18:28
	18	Wed	H6.4'@04:06	L3.2'@09:01	H8.5'@14:43	L-0.2'@22:12	07:19	18:27
	19	Thu	H6.2'@04:47	L3.5'@09:44	H8.4'@15:25	L-0.2'@23:09	07:20	18:26
	20	Fri	H6.1'@05:30	L3.8'@10:43	H8.1'@16:20		07:21	18:24
	21	Sat	L-0.1'@00:14	H6.3'@07:48	L3.9'@12:13	H7.8'@17:31	07:22	18:23
	22	Sun	L-0.1'@01:26	H6.6'@08:49	L3.6'@13:54	H7.7'@18:54	07:23	18:22
	23	Mon	L-0.1'@02:34	H7'@09:34	L3'@15:11	H7.6'@20:15	07:24	18:21
	24	Tue	L-0.1'@03:33	H7.5'@10:11	L2.2'@16:11	H7.7'@21:29	07:25	18:19
	25	Wed	L0'@04:23	H8.1'@10:46	L1.4'@17:03	H7.7'@22:36	07:26	18:18
	26	Thu	L0.3'@05:08	H8.6'@11:19	L0.6'@17:51	H7.7'@23:38	07:27	18:17
	27	Fri	L0.8'@05:49	H9'@11:51	L-0.1'@18:38		07:28	18:16
	28	Sat	H7.6'@06:38	L1.3'@06:30	H9.4'@12:24	L-0.6'@19:23	07:29	18:15
	29	Sun	H7.5'@07:16	L1.9'@07:11	H9.5'@12:58	L-0.9'@20:08	07:30	18:13
	30	Mon	H7.3'@08:04	L2.5'@07:53	H9.4'@13:33	L-0.9'@20:53	07:31	18:12
	31	Tue	H7.1'@08:53	L3'@08:38	H9.1'@14:09	L-0.8'@21:39	07:32	18:11
November	01	Wed	H6.9'@09:44	L3.4'@09:28	H8.7'@14:49	L-0.5'@22:29	07:33	18:10
	02	Thu	H6.7'@10:40	L3.7'@10:27	H8.1'@15:34	L-0.1'@23:23	07:34	18:09
	03	Fri	H6.7'@11:49	L3.8'@11:44	H7.5'@16:27		07:35	18:08
	04	Sat	L0.2'@00:24	H6.7'@07:54	L3.7'@13:11	H6.9'@17:31	07:36	18:07
	05	Sun	L0.4'@01:28	H6.8'@07:47	L3.3'@13:26	H6.5'@17:45	07:37	18:06
	06	Mon	L0.6'@02:27	H7'@08:26	L2.9'@14:26	H6.3'@19:00	07:38	18:05
	07	Tue	L0.8'@03:28	H7.2'@09:17	L2.3'@15:15	H6.3'@20:09	07:39	18:04
	08	Wed	L1'@04:30	H7.5'@09:23	L1.7'@15:56	H6.3'@21:10	07:40	18:03
	09	Thu	L1.2'@05:37	H7.8'@09:46	L1.2'@16:33	H6.4'@22:05	07:42	18:02
	10	Fri	L1.6'@06:40	H8.2'@10:10	L0.6'@17:06	H6.5'@22:57	07:43	18:01
	11	Sat	L1.9'@07:42	H8.5'@10:34	L0.2'@17:39	H6.6'@23:46	07:44	18:01
	12	Sun	L2.3'@08:45	H8.8'@11:00	L-0.3'@18:13		07:45	18:00
	13	Mon	H6.6'@00:36	L2.7'@05:47	H9'@11:28	L-0.6'@18:48	07:46	17:59
	14	Tue	H6.7'@01:26	L3'@06:22	H9.1'@12:00	L-0.8'@19:27	07:47	17:58
	15	Wed	H6.7'@02:18	L3.3'@07:01	H9.1'@12:37	L-0.9'@20:11	07:48	17:58
	16	Thu	H6.6'@03:13	L3.6'@07:45	H8.9'@13:19	L-0.9'@20:59	07:49	17:57
	17	Fri	H6.6'@04:12	L3.7'@08:38	H8.6'@14:08	L-0.8'@21:54	07:50	17:56
	18	Sat	H6.6'@05:13	L3.8'@09:48	H8.2'@15:07	L-0.6'@22:53	07:51	17:56
	19	Sun	H6.8'@06:11	L3.6'@11:18	H7.6'@16:19	L-0.3'@23:56	07:52	17:55
	20	Mon	H7.2'@07:02	L3.1'@12:50	H7.1'@17:41		07:53	17:54
	21	Tue	L0'@00:57	H7.6'@07:46	L2.3'@14:04	H6.7'@19:07	07:54	17:54
	22	Wed	L0.4'@01:53	H8.2'@08:25	L1.4'@15:05	H6.6'@20:28	07:55	17:53
	23	Thu	L0.9'@02:44	H8.7'@09:02	L0.6'@15:57	H6.6'@21:42	07:56	17:53
	24	Fri	L1.4'@03:32	H9.2'@09:37	L-0.2'@16:45	H6.8'@22:48	07:57	17:52
	25	Sat	L1.9'@04:17	H9.6'@10:12	L-0.7'@17:30	H6.9'@23:49	07:58	17:52
	26	Sun	L2.4'@05:02	H9.7'@10:48	L-1.1'@18:13		07:59	17:52
	27	Mon	H7'@00:46	L2.9'@05:47	H9.6'			